

Code of Ethics

As a certified and licensed professional, I shall:

1. Actively maintain professional competence within my biofeedback profession and shall keep abreast of the latest developments in clinical practice and relevant research.
2. Encourage others engaged in biofeedback to work toward certification.
3. Accurately advertise credentials and educational background without overstating my professional credentials and experience.
4. Take all reasonable precautions to avoid harm to clients, always demonstrating a concern for the rights, safety, health, welfare, culture and dignity of recipients of my services.
5. Provide services without discrimination on the basis of race, creed, age, gender, sexual preference, national origin, mental, emotional and/or physical disability, disease, financial status, social or religious affiliation.
6. Respect the right of recipients to refuse or discontinue participation.
7. Secure recipients active participation in assessment and service planning to help assure their consent to participate is based upon accurate information about the proposed services, potential risks and full and complete knowledge about their options.
8. Protect the confidential nature of information gained from clinical practice, except as otherwise required by law and unless sharing the information reasonably could be deemed necessary to protect an identifiable third party from harm or if the information is shared with anonymity.
9. Function within the boundaries of my competence and the standards of my biofeedback profession. As such, I am not qualified to diagnose, treat, cure, assess, prevent, or heal any medical or psychological disease, disorder, or condition. Nor am I qualified to give any nutritional or dietary advice.
10. Consult with experienced service providers when additional knowledge or expertise is required, and refer recipients to appropriate service providers when other services are deemed necessary.
11. Maintain accurate records.
12. When employing or supervising colleagues, provide appropriate supervision and require supervisees to adhere to a Code of Ethics like this and the standards of practice within their scope of competence.
13. Function with discretion, respect, fairness and integrity in relations with colleagues, students, supervisees and other professionals.
14. Refrain from acting in unprofessional, derogatory or disrespectful ways in disagreements with other members in professional meetings, e-mail groups and other forums.
15. Impart ethical standards of professional conduct through both instruction and example.
16. As a trained biofeedback professional, I am legally qualified to train people with my biofeedback devices to relax and re-educate their muscles.
17. As a biofeedback professional, I may point out research that indicates how biofeedback has been effective in helping people lower their blood pressure, reduce their hypertension, and manage their stress and pain.
18. As a biofeedback professional, I may use any form of relaxation, meditation, contemplation or visualization with my client.

19. As a biofeedback specialist, I may use any means of focusing my client's attention, including software and hardware to capture their attention, and focus their mind and deepen their concentration.
20. As a business owner, I shall accept personal checks, money orders, cash, and credit cards with a 3% handling fee for charges over \$300. I shall charge a \$25 fee for returned checks.
21. As a business owner and biofeedback professional, I shall bill client \$50 for any non-attended therapy sessions that were not cancelled 24 hours in advance.
22. As a business owner, I require payment at the time of services rendered, unless other arrangements are previously agreed upon.
23. As a business owner, I do not bill insurance companies. I will provide the insurance company an invoice and/or copy of my biofeedback license and certification, if my insurance requires such.
24. As a biofeedback specialist, I recognize that each and every client will have varying abilities to reduce their stress and as such, I do not offer any guarantees on the outcome of my services.
25. As a biofeedback professional, I reserve the right to refuse to accept a client.

Gayla Erickson
Revitalize! Health Spa & Organic Store
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